



**ACADEMY
FOR
LIFELONG
LEARNING**

In Association with USC Aiken

SPRING 2018

CATALOG

www.aikenlearning.org

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SPRING 2018 SEMESTER JANUARY – MAY

ATTENTION!!: Due to USCA's classroom scheduling system, some classroom courses may be MOVED after you have received your receipt. It is ALL participants' responsibility to check their email inbox and/or the Academy for Lifelong Learning website (www.aikenlearning.org) for messages regularly, and especially just prior to the first session of each course, for notices of any room changes.

CHEMISTRY, CLIMATE, COAL AND COWS

Date: Thursday, January 18

Time: 10:00 a.m.-11:15 a.m.

Location: Business & Education Bldg. Room 124

Enrollment Limit: 60

Instructor: **Cathy Cobb** received her PhD in chemistry from the University of California, Santa Barbara. She taught at California State University, Los Angeles, before moving to South Carolina when her husband, Monty Fetterolf, accepted a position in the chemistry department at USCA. After a fruitful research and teaching career, she also taught at USCA and Mead Hall School. She and Monty have three excellent sons and are looking forward to a working retirement in which teaching and speaking about climate change will play an important part.

Description: Climate change is real---not much of a debate any more. Details remain under discussion – causes, consequences, and cures – but it's time to get these details ironed out. In this talk I address climate change from the perspective of a well-known contributor – coal – and one less explored – cows. In the process, I present frequently overlooked information, offer uncommon perspectives, and highlight the role of chemists – past, present, and future – because chemists cannot afford to be bystanders in a climate collapsing world.

PALMETTO AND AIKEN GOLF CLUB COURSES

Dates: 6 Mondays, January 22, 29; February 5, 12, 19, 26

Time: 9:00 a.m.-10:00 a.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **John Boyette** lives in Aiken and obtained his journalism degree from USC Columbia. He has 30 years of experience writing and editing for daily newspapers and is currently the sports editor of the Augusta Chronicle. He is a regular contributor to the **Masters Journal**, the official program of the Masters Tournament, and he has written two books on golf, **The 1986 Masters: How Jack Nicklaus Roared Back to Win** and **Gary Player: Golf's Global Ambassador from South Africa to Augusta**.

Description: Aiken has first-rate golf courses that are known all over the world. **Palmetto Golf Course** began in 1892 and is recognized as one of the oldest courses in the South. It still has its original charter from the US Golf Association and a Stanford White-designed clubhouse that is more than a century old. **Highland Park**, now known as **Aiken Golf Club**, came along in 1912 at a time when Aiken was known as a resort haven. It is now open to the public. These two courses will be the focus of this class, but there will be many others to discuss and students will learn how golf was introduced to Aiken by the Winter Colony families

who gave us so much of the “green space” we enjoy today. Details will be given on other golf courses in the county. Finally, we will look at the success of golfers with ties to Aiken and its courses.

LINE DANCING FOR BEGINNERS

Date: 6 Mondays, Jan 22, 29; February 5, 12, 19, 26

Time: 11:00 a.m. -12:00 p.m.

Location: Business & Education Bldg., 2nd fl. Gym

Enrollment Limit: None

Instructor: **Brenda Taylor** is an active lifetime member and Past President of CSRA (Central Savannah River Area) Carolina Shag Club as well as a Line Dance and Carolina Shag instructor and member of SOS North Myrtle Beach, SC since the 1990's. She attends club events three times a week to keep up with the latest dances! Brenda also teaches at Hotel Aiken (Polo Tavern) on Tuesday evenings and has taught on the Carnival SOS 7-Day Cruise in October of 2013 and the Palmetto Shag Club Memorial Day Weekend Event in Columbia, SC since 2014. A resident of Aiken and a 1970 graduate of Aiken High School, Brenda has been a business owner and registered cosmetologist in this area for 46 years and is now semi-retired.

Description: Back again by popular demand! Lessons will begin with basic steps, broken down and taught slowly for beginners. A new dance will be taught each week and dances learned in previous weeks will be reviewed. Both new dances and old favorites will be covered. Line dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows without regard for the gender of the individuals, all executing the steps at the same time. Unlike other types of dancing, no partner is required. Line dancing provides good exercise and is great food for the brain as well as a wonderful way to meet new friends. Come out and join the fun!

STUDIES IN ALTERNATE HISTORY/SCI-FI: *LEST DARKNESS FALL* AND *PARALLEL HOURS*

Dates: 4 Tuesdays, January 23, 30, February 6, 13

Time: 1:00 p.m.-2:15 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **Andrew Geyer** has published seven books, the latest of which is the alternate history/ science fiction novel, **Parallel Hours**, which he co-wrote with Jerry Craven. Geyer's fiction has won numerous national and regional awards. A member of the prestigious Texas Institute of Letters, he currently serves as Professor and Chair of English at USCA and as fiction editor for *Concho River Review*.

Description: Alternate history is a genre of fiction that focuses on "what if" scenarios at crucial points in the past, and presents outcomes other than those in the historical record. Alternate history can be a subgenre of literary fiction, science fiction, or historical fiction; alternate history works may use tropes from any or all of these genres. **Lest Darkness Fall** is an alternate history science fiction novel published in 1939 by author L. Sprague de Camp. The book is one of the earliest and most influential examples of the alternate history genre. **Parallel Hours** is an alternate history science fiction novel published in 2017 by co-authors Jerry Craven and Andrew Geyer. This course will include a discussion of the alternative history genre, discussions of both **Lest Darkness Fall** and **Parallel Hours**, and a book parallel assignment that compares/contrasts both novels. Author Jerry Craven will co-teach one class.

TEAMING WITH NATURE: YARDS AND GARDENS WITHOUT CHEMICALS

Dates: 3 Thursdays, January 25; February 1, 8

Time: 9:00 a.m.-10:00 a. m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **Alvin E. Bey** grew up on a dairy farm in Michigan. He earned degrees in chemistry from Capital University and University of Michigan. He spent 40 years in the chemical industry as a research chemist and technical manager. During that time he also taught organic chemistry at a local university. Mr. Bey retired to Aiken in 2002 and is actively involved with the Aiken Master Gardener Association. He has lectured extensively in the CSRA on the topic of chemical-free yards and gardens.

Description: This class will provide the concepts and techniques for converting your yard and vegetable garden from a chemical to an organic-based management system. Topics include how to make the conversion, management practices of fertilization, pest and disease control, natural pruning, and organic vegetable growing. The class sessions will be amply illustrated from the instructor's experience.

SPAIN 1492

Dates: 3 Wednesdays, January 31; February 7, 14

Time: 2:00 p.m.-3:00 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Dr. Samuel Pierce is an Associate Professor of History at USCA, where he has been on the faculty since 2011. He has a PhD in history from the University of Florida and was previously on the faculty of Brigham Young University and the College of Charleston. He is a specialist in modern European History, with research interests in the Spanish Republic, the history of masculinity, and disability history. His work has been published in *The Journal of Contemporary History* and the *Catholic Historical Review*. He is currently working on a book on the political mobilization of Catholics in Spain from 1931-1936.

Description: This course will cover three series of events that took place in 1492 in what is now Spain. At that time, much of what is now Spain consisted of the Kingdoms of Castile (ruled by Isabella I) and Aragon (ruled by Ferdinand II, Isabella's husband). The three events are: (1) discovery of the New World during the first voyage of Christopher Columbus; (2) expulsion of Jews from both kingdoms; and (3) completion of the conquest of the Emirate of Granada, the last Muslim-controlled territory on the Iberian Peninsula. All three of these events have had a continuing impact on world history.

EXPLORING BALLET STEREOTYPES

Dates: 4 Fridays, February 2, 9, 16, 23

Time: 10:30 a.m.-11:45 a.m.

Location: Business & Education Bldg. Room 116

Enrollment Limit: 96

Instructors: Professional dancers, Joy and Jeffrey Engel, who trained in Russian Classical Ballet, met in a studio in New York City and honeymooned on an Equity Summer Stock Tour of "Carousel". Their performing careers included dancing in the United States, Canada, and Europe. They have also choreographed productions and taught dance in various studios, schools and colleges. This is their fifth year sharing their experiences and insights about dance.

Description:

There are many stereotypes about ballet and ballet dancers. Join us for four classes with discussions and, of course, visuals as we explore different ballets and atypical dancers. When you think of a ballet dancer, do you think of THE SWAN or THE PRINCE? We will compare dancers with typical and atypical styles and body types as they train in class and rehearse with choreographers. We will also see dancers performing in a broad spectrum of ballets.

LIVE FROM THE MET

Dates: 6 Fridays, February 2, 9, 16, 23; March 2, 9

Time: 1:00 p.m.-2:00 p. m.

Location: Penland 106

Enrollment limit: 160

Instructor: Dr. Maureen Simpson has performed in over two dozen operas in the United States and Europe, and has appeared with numerous symphonies and choral societies. Maureen is currently Director of Music at St. Mary Help of Christians Catholic Church in Aiken and Artistic Director of the Aiken Choral Society.

Description: Once again Aiken's own resident diva soprano, Dr. Maureen Simpson, will discuss three operas which will be shown at the Regal Augusta Exchange Theater. Each of three operas will be covered in two class sessions, thereby providing a more in-

depth understanding of each. The classes will introduce historical and musical background, composer issues, performing problems, and plots. Dr. Simpson will provide both beginner and veteran operagoers with a deeper insight into each work. The operas scheduled for this season's telecasts and planned for discussion in this course are: *L'Elisir d'Amore* by Donizetti (broadcast February 10, 2018), *Semiramide* by Rossini (broadcast March 10, 2018) and *Cendrillon* (Cinderella) by Massenet (broadcast April 28, 2018)

THE MEDIEVAL WORLD

Dates: 4 Mondays, February 5, 12, 19, 26

Time: 12:00 p.m.-1:00 p. m.

Location: Penland Administration Bldg., Room 106

Enrollment limit: 154

Instructor: **Alexia Jones Helsley**, a native of Kentucky, grew up in Beaufort, SC. Retired from the South Carolina Department of Archives and History, Helsley is an instructor in USCA's History Department. She teaches *World History Survey* classes, the *History of the Vikings*, the *Formation of Europe*, the *History of South Carolina*, and an *introduction to Public History*. A Furman University graduate, she has her master's degree in Ancient and Medieval History from the University of South Carolina. Recipient of the South Carolina Governor's Archives Award, Helsley is a prolific writer and serves as chair of the South Carolina Old Exchange Commission.

Description: A four week introduction to the not-so-dark ages. Instructor Helsley will take students on a trip through Medieval history, daily life, and interesting actors in the great drama that connects the ancient world with the modern.

CHINA'S ONE CHILD POLICY

Date: Thursday, February 8

Time: 1:00 p.m.-2:00 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **Dr. Linda Q. Wang** is an Associate Professor of Human Geography at USCA. She received her BA from Xian Foreign Languages University (now Xian International Studies University) in China, and her MA and PhD degrees from California State University-Northridge and the University of Wisconsin Madison. She was a recipient of several grants for research, teaching and professional development including the University of South Carolina Production and Research Scholarship, Association of American Geographers General Research Grant, the Sasakawa Fellowship for Japanese cultural studies, and the Fulbright-Hays International Seminar Awards in South Africa, Oman and Jordan. Her research focuses on culture issues of Chinese Americans and cultural changes in China. She has published book chapters, journal articles, and encyclopedia entries on these subjects.

Description: This presentation focuses on the practices of China's One-child Policy (1980-2015) and its social economic consequences. Questions regarding its implementation, incentives and punitive measures in compliance and non-compliance and demographic consequences will also be discussed.

PRUNING WOODY PLANTS

Date: Thursday, February 15

Time: 9:00 a.m.-10:00 a.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **Alvin E. Bey** grew up on a dairy farm in Michigan. He earned degrees in chemistry from Capital University and University of Michigan. He spent 40 years in the chemical industry as a research chemist and technical manager. During that time he also taught organic chemistry at a local university. Mr. Bey retired to Aiken in 2002 and is actively involved with the Aiken Master Gardener Association. He has lectured extensively in the CSRA on the topic of chemical-free yards and gardens.

Description: Pruning is one of the most abused horticultural practices. Most of us have been taught that the objective of pruning is to make an overgrown plant smaller. Pruning is better envisioned as a form of art in which the plant is structurally

modified into an aesthetically pleasing form which improves the health of the plant. In this class you will learn various forms of pruning depending on the plant's characteristics, how to prune for plant health, and when to prune. Illustrations will be provided.

CHINESE HOLIDAYS AND FOOD CUSTOMS

Date: Thursday, February 15

Time: 1:00 p.m.-2:00 p. m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Dr. Linda Q. Wang is an Associate Professor of Human Geography at USCA. She received her BA from Xian Foreign Languages University (now Xian International Studies University) in China, and her MA and PhD degrees from California State University-Northridge and the University of Wisconsin, Madison. She was a recipient of several grants for research, teaching and professional development including the University of South Carolina Production and Research Scholarship, Association of American Geographers General Research Grant, the Sasakawa Fellowship for Japanese cultural studies, and the Fulbright-Hays International Seminar Awards in South Africa, Oman and Jordan. Her research focuses on culture issues of Chinese Americans and cultural changes in China. She has published book chapters, journal articles, and encyclopedia entries on these subjects.

Description: This presentation focuses mainly on the customs and rituals in the celebration of Chinese Spring Festival in northern China. Food customs in general and in association with the holiday celebration will also be discussed.

A WOMAN'S WORD IS NEVER DONE!

Dates: 4 Tuesdays, February 20, 27; March 6, 13

Time: 10:30 a.m.-11:30 a.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Mary S. Suber earned an undergraduate degree in Business Administration from South Carolina State University and a Master's degree in Business Education from the University of South Carolina. As a lover of history and the mother of three adult daughters, the role and treatment of women in times past and present captured her attention. She will share interesting and little-known history about the issue of gender equality in America.

Description: This course is a tribute to trailblazers who resisted their restricted roles, exerted influence, improved society, and reshaped history. Attention is concentrated on the period that begins with the Founding Fathers and culminates with Women's Suffrage--a period when women were denied the opportunity to engage in public discourse and deprived of the enjoyment of full citizenship rights. Politically conscious reformers raised their voices and visibility through essays, speeches, poetry, letters, debates, sermons, lectures, journals, satire, etc. During this course, we will read inspiring writings; review colorful biographies; and re-examine a panorama of historical events and the impact they had on gender (human rights) issues.

ISLAM EXPOSED: FACTS AND MYTHS

Dates: 6 Thursdays, February 22; March 1, 8, 15, 22, 29

Time: 3:00 p.m.-4:00 p. m.

Location: Business & Education Bldg. Room ~~124~~ 116

Enrollment limit: 60

Instructor: Victoria Ugur Clare holds a BS degree in Business from Aegean University in Turkey and an MBA from the University of South Carolina. Victoria has studied Islamic theology and practice in the US and abroad, including a diploma course from iSyllabus in Scotland. She taught Islam and interpretation of the Quran in multiple US cities. She taught a continuing education Course entitled "Islam Exposed: Facts and Myths" at the University of Nevada, Las Vegas, and has participated in numerous interfaith activities in the US and UK. She is a co-founder of the CSRA Women's Interfaith Network (WIN) and Women in Dialog for Understanding (WIND-U) of Las Vegas. She currently serves on the organizing committee of the Aiken Interfaith Group.

Description: Islam mystifies us-- most of us know very little about the world's second largest religion. Many Americans are only familiar with the actions of a fringe minority of radical extremists. Explore the facts and myths surrounding Islam -- understanding the belief system of Muslims. We will discuss topics that include basic tenets of Islam, Prophet Muhammad, women in Islam, jihad, terrorism and violence, sharia, and contributions to science.

~~**BEGINNING DRAWING (Pencils are for More Than Math)**~~

~~**Dates: 6 Thursdays, February 22, March 1, 8, 15, 22, 29**~~

~~**Time: 10:00 a.m.-11:00 a.m.**~~

~~**Location: Business & Education Bldg. Room 124**~~

~~**Enrollment Limit: 60**~~

~~**** Fee: \$25 art supply fee due at registration**~~

Class withdrawn due to instructor health issues.

Registration Deadline: Students must be registered by January 31, so art supplies can be obtained prior to class start-up.

Instructor: Jacquie Rees has been drawing and painting since she was 16 years old. She has taken art lessons at the University of Tennessee and has taught classes in pencil/charcoal drawing but also works with water colors, acrylics, and oils.

Description: This is a six-week beginning drawing class that will introduce students to the concepts of shapes, light, shading and shadows along with perspective. You will also learn how to make a drawing from a photograph using the grid method. The photo can be a photo taken by the teacher or the student may bring their own.

DIABETES/PRE-DIABETES PREVENTION AND MANAGEMENT

Dates: 4 Tuesdays, February 27; March 6, 13, 20

Time: 1:00 p.m.-2:15 p.m.

Location: Business & Education Bldg. Room 124

Enrollment Limit: 60

Instructor: Cheryl Mehta, RDN, LD, CDE, is a Registered Dietitian Nutritionist and a Diabetes Educator at Internal Medicine of Aiken. She has a BS in Food and Nutrition from Iowa State and a BA in Biology from Wartburg College. With over 20 years' of experience she knows the ins and outs of how to help people eat healthy and manage their diabetes. Cheryl has taught Sports Nutrition at USCA, and was a presenter at "Taking Control of Your Diabetes" in Augusta, Georgia. She was also a speaker for many years at University Hospital's Diabetes Expo and has given multiple presentations in the CSRA.

Description: This course focuses on preventing and managing pre-diabetes and diabetes through healthy eating and lifestyle changes.

Week 1: Preventing and managing pre-diabetes and diabetes

Week 2: Get moving! Making behavior changes for healthy eating and physical activity

Week 3: Learn how to count your carbs and make better choices when eating out

Week 4: Good fats and bad fats: how to make the best choices for diabetes and your heart

FRIENDS AND FAMILY CPR COURSE

Date: Thursday, March 1

Time: 12:00 p.m. to 4:00 p.m.

Location: School of Nursing (room to be announced later)

Enrollment limit: 12

Cost: \$15.00 (Instruction book and hygiene mask) TO BE PAID AT REGISTRATION

Instructor: Lisa Simmons MSN, RN, has been a registered nurse for 33 years. She has a BSN from the University of Mississippi and a MSN in Child Health Nursing from University of Alabama at Birmingham. She is the American Heart Association's faculty coordinator for USCA School of Nursing and has been full time faculty member in the USCA School of Nursing for 11 years.

Description: This course is ideal for grandparents, babysitters, and anyone interested in learning how to save a life. The course teaches lifesaving skills. Skills are taught in a group environment using the American Heart Association research-proven practice-while-watching technique which provides students with maximum hands-on CPR practice time. Proficiency is verified by the instructor during training; the course does not require an examination.

IRISH-AMERICAN HISTORY AND POPULAR CULTURE

Dates: 4 Fridays, March 2, 9, 23, 30

Time: 9:00 a.m.-10:00 a.m.

Location: Business & Education Bldg. Room ~~124~~ 122

Enrollment limit: 60

Instructor: **Meaghan Dwyer-Ryan** is an Assistant Professor of American History at USCA. Dr. Dwyer-Ryan is a co-author, with Susan L. Porter and Lisa Fagin Davis, of **Becoming American Jews: Temple Israel of Boston** (Brandeis University Press, 2009). She has contributed to several journals and publications, including *The Journal of American Ethnic History*, *The Historical Journal of Massachusetts*, *Foilsiú*, and *Immigrants in American History* (ABC-CLIO, 2013). Her current project, *Ethnic Patriotism: Boston's Irish and Jewish Communities, 1880-1929*, is a comparative study of the strategies of ethnic acculturation and civic nationalism.

Description: This course examines aspects of Irish-American history through the lens of popular culture. Themes include migration and settlement, labor, religion, politics, nationalism, folk art, music, film, theatre, and holiday celebrations like St. Patrick's Day. Special attention will be paid to the attempt to cultivate identity and culture across generations.

LINE DANCING ADVANCED CLASS

Dates: 6 Fridays, March 2, 9, 16, 23, 30; April 6

Time: 11:00 a.m.-12:00 p.m.

Location: Business & Education Bldg., 2nd fl. Gym

Enrollment Limit: None

Instructor: **Brenda Taylor** is an active lifetime member and Past President of CSRA (Central Savannah River Area) Carolina Shag Club as well as a Line Dance and Carolina Shag instructor and member of SOS North Myrtle Beach, SC since the 1990's. She attends club events three times a week to keep up with the latest dances! Brenda also teaches at Hotel Aiken (Polo Tavern) on Tuesday evenings and has taught on the Carnival SOS 7-Day Cruise in October of 2013 and the Palmetto Shag Club Memorial Day Weekend Event in Columbia, SC since 2014. A resident of Aiken and a 1970 graduate of Aiken High School, Brenda has been a business owner and registered cosmetologist in this area for 46 years and is now semi-retired.

Description: This class is perfect for individuals who have completed the Line Dancing for Beginners classes in previous semesters. Unlike other types of dancing, no partner is required. Line dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows without regard for the gender of the individuals, all executing the steps at the same time. A new dance will be taught each week and dances learned on previous weeks will be reviewed. Line dancing provides good exercise and is great "food" for the heart and brain as well as a wonderful way to meet new friends. Come out and join the fun!!!

UNDERSTANDING THE PRINCIPLES OF COMIC BOOK ART

Dates: 4 Mondays, March 5, 12, 19, 26

Time: 11:00 a.m.-12:15 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: **Jim Shaw** is a New York artist and creator of the popular webcomic *Will Draw for Food*. He graduated from Brookdale Community College in Monmouth, New Jersey with an associate degree in Studio Art, and has gone on to co-establish such organizations as the Comics Studies Society, BluTrinity Comics Publishing and the Comics for Youth Refugees Incorporated Collective (CYRIC).

Description: Have you ever wanted to share your story with the younger generation? Do you find illustration to be a relaxing and interesting way to spend your time? In this course you will learn to do so through the fantastic medium of comics. Learn the principles of constructing a comic from panels, choice of moment, pacing and more. With this modern course of making comics for friends, family and social media you are sure to have a blast!

Materials needed: pencil, pens, paper or sketchbook, ruler.

HOW A DOG CHANGED HISTORY-THE IMPACT OF THE VICTROLA ON AMERICAN LIFE

Dates: 2 Wednesdays, March 7, 14

Time: 1:00 p.m.-2:30 p.m.

Location: Business & Education Bldg. Room ~~124~~ 122

Enrollment limit: 60

Instructor: Vincent DiPietro served with the National Park Service as a United States Park Ranger and Supervisor of the Statue of Liberty National Monument and Ellis Island for 16 years. In addition, he was the park's Education Specialist, interpreter and part of the monument's medical team as an Emergency Medical Technician.

Description: This class will focus on the Victrola Talking Machine and the improvements on Thomas Edison's magnificent invention. We will look at the company's iconic world famous logo "Nipper", the "His Master's Voice" dog, and how the company shaped Americana and our nation's longing for the latest thing. We will then look at today's entertainment industry and compare its similarities and differences to what was all the rage at the time of the invention of the phonograph.

LET'S TALK BASEBALL!

Dates: 4 Wednesdays, March 7, 14, 21, 28

Time: 3:00 p.m.-4:00 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Ken Brace is a retired American History teacher from Montgomery County, Maryland, and a regular Academy instructor.

Description: This class will take a look at America's long-time National Pastime and its effect on American history, culture and lifestyle during the 20th century. Among the topics to be covered in this 4-session class are: the basics of the game, its reflection of America's competitive spirit, life lessons passed on from generation to generation, and how it changed America for the better. The class will highlight the impact of baseball on American society through literature, film, language, song, and personal reflection. It is hoped that this class will bring back some fond memories for those who have loved baseball and spur some new appreciation for baseball among those who don't share a passion for the game.

CHICKENS, PIGS AND DOGS

Dates: 3 Wednesdays, March 7, 14, 21

Time: 10:00 a.m.-11:00 a.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Dr. I. Lehr Brisbin is Director Emeritus of the Savannah River Ecology Lab through the University of Georgia. He has spent a lifetime conducting research on animal and radiological interactions and their effects at the site. His interests are wide ranging and filled with great tales of discovery.

Description: The hunt for the pure Carolina Dog, the story behind the research involved in the source for the Ossabaw Feral Pigs and their effect on the local Native American populations, and the tales of the "original" Red Jungle Chickens are described.

NUTRITION AND EXERCISE MAXIMIZE WELLNESS ACROSS ALL LEVELS OF HEALTH AND FITNESS

Dates: 4 Mondays, March 19, 26; April 9, 16

Time: 10:00 a.m.-11:00 a.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Patrick O. Gélinas, MS, CSCS, USAW-L1SP, Senior Instructor, Department of Exercise and Sports Science, USCA. After receiving his undergraduate degree in Physical Education from McGill University in his hometown of Montréal, Canada, Professor Gélinas moved to Boston, then later to Boulder, CO to pursue his master's degree in Kinesiology and Applied Physiology at the University of Colorado. He joined the USCA faculty in 2008. He has always been heavily involved in sports and outdoor adventure pursuits and has trained for and competed in triathlons, eventually progressing to full Ironman-length triathlons all over the country. His current interests are focused on biologically-appropriate nutritional strategies for humans as well as high-intensity training for health, fitness, and performance.

Description: This class will cover nutritional and exercise recommendations for maximizing wellness across all levels of health and fitness. It's never too late to begin! Topics covered will include:

1. Discussion of the nutritional underpinnings for many of today's chronic diseases.
2. Challenges to conventional recommendations for living and training through disease and injury.
3. Suggestions for alternative strategies to conventional prescriptions for moving through (and thriving beyond) disease and injury.

~~LISTENING TO SONIC ART SINCE 1945—~~

~~Dates: 4 Tuesdays, March 20, 27; April 10, 17—~~

~~Time: 9:00 a.m.-10:15 a.m.~~

~~Location: Etheredge Center, Room 125~~

~~Enrollment limit: 40~~

Class withdrawn due to instructor health issues.

Instructor: Dr. Hayes Bunch serves as the Director of Bands and as Assistant Professor of Music at USCA, where he leads the USCA Wind Ensemble, "Pacer Pulse" Athletic Band, and teaches courses in conducting. He studied at the University of Missouri, the University of Michigan, and the University of Tennessee. He has served on the faculty of Interlochen Arts Camp, Blue Lake Fine Arts Camp, the University of Mary-Hardin Baylor, and in public schools in Texas and Tennessee. He has also performed as guest conductor and clinician throughout the Midwestern and southeastern United States.

Description: This course will present a survey of musical works and compositional trends by the most significant composers from 1945 to the present day. Developments in musical style and aesthetics, shifting societal and political currents, as well as technological progress, will all be used as points of departure in gaining an increased understanding of contemporary art music.

EXPLORING SOUTH CAROLINA ALONG THE BACK ROADS

Date: Wednesday, March 28

Time: 1:00 p.m.-2:00 p. m.

Location: ~~Business & Education Bldg. Room 124~~ Penland Administration Building Room 106

Enrollment Limit: 60

Instructor: Tom Poland is a southern writer whose work has appeared in magazines throughout the South. Among his recent books are **Classic Carolina Road Trips From Columbia, Georgialina, A Southland, As We Knew It, and Reflections of South Carolina, Vol. II**. Swamp Gravy, Georgia's Official Folk Life Drama, staged his play, *Solid Ground*.

He writes a weekly column for newspapers and journals in Georgia and South Carolina about the South, its people, traditions, lifestyle, changing culture, and speaks to groups across South Carolina and Georgia. Tom grew up in Lincoln County, Georgia, and graduated from the University of Georgia. He lives in Columbia, South Carolina, where he writes about "Georgialina"—his name for eastern Georgia and South Carolina.

Description: Ever stop to think how much time you spend on the road? Statistics say the average American spends three hours a day in a car. Robert Frost urged us to "take the road less traveled" for the lesser-traveled road tells a story. Miles become pages, trips become chapters, and a tale unfolds. In fact, a road has a story to tell. Take an illustrated journey with Tom Poland along South Carolina's back roads. Discover the beauty, history, and unusual places and things to be seen on the lesser-traveled roads. Obscure, beautiful, and unforgettable—discoveries await the traveler willing to forsake the interstate system.

GREAT DECISIONS

Dates: 8 Thursdays, March 30; April 6, 13, 20, 27; May 4, 11, 18

Time: 2:00 p.m.-3:30 p. m.

Location: Penland ~~106~~ 110

Enrollment limit: 154

Cost: \$30.00 to be paid at registration (See note below)

Instructor: This is a discussion-based class and does not have an Instructor. An individual will be appointed to facilitate the discussion each week.

Description: Topics are selected from the Foreign Policy Association Manual in this regular spring semester offering. The eight topics for Great Decisions 2018 are:

- The waning of Pax Americana?
- Russia's foreign policy
- China and America: the new geopolitical equation
- Media and foreign policy
- Turkey: a partner in crisis
- U.S. global engagement and the military
- South Africa's fragile democracy
- Global health: progress and challenges

NOTE: Briefing books for the Great Decisions topics should be available for individual purchase from the Foreign Policy Association (FPA) in early January 2018 (<http://www.fpa.org/greatdecisions>). You can purchase the book individually from FPA (\$30 plus shipping) or prepay the \$30 to the academy and avoid the shipping charges,

BROKENNESS-LITERARY CHARACTERS AND OBJECTS

Dates: 3 Tuesdays, April 10, 17, 24

Time: 11:00 a.m.-12:00 p. m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Vicki Collins has been teaching at USCA for 25 years. English as a Second or Other Language (ESOL) is her area of expertise for the Department of English. She is also Director of the Writing Room. Her favorite subjects are Appalachian literature and the canonical works of Tennessee Williams. She is a member of both The Authors Club of Augusta and The Augusta Poetry Group. Earlier this year, her book **The Silent Appalachian: Wordless Mountaineers in Fiction, Film, and Television** was published by McFarland Publishers, located in North Carolina.

Description: This course will examine characters whose lives are being destroyed by situations or other people, as well as the broken objects that often symbolize these devastated individuals. We shall view "A STREETCAR NAMED DESIRE" as we examine Blanche Dubois, who is a broken woman, and how the objects that are broken during the play parallel her life.

NUCLEAR WASTE RESOLUTIONS

Dates: 4 Wednesdays, April 11, 18, 25; May 2

Time: 2:00 p.m.-3:00 p.m.

Location: Business & Education Bldg. Room 124

Enrollment limit: 60

Instructor: Dr. Ruth O'Hayes is a medical anthropologist who spent her career in public health. She has worked in the Third World, based in Khartoum, Sudan. Driven out by the al Qaida murders of the American and Belgian ambassadors, she returned to the U.S. and joined the State University of New York faculty. In 1980 she accepted a position with the federal government where she spent the next 20 years serving as an expert witness for U.S. attorneys and managing health and safety programs. From 2009-2015 she served on the Department of Energy's Site Specific Advisory Board for the Savannah River nuclear facility, chairing the board's Nuclear Materials Committee. Her publications include the book **Politics Trumps Nuclear Science**.

Description: The first use of radiation occurred in a British military hospital outside Khartoum, Sudan over 120 years ago. Since then there has been an accumulation of over 88 million gallons of the world's most dangerous radioactive wastes, thousands of tons of spent nuclear fuel (SNF), over ten thousand containers of excess plutonium and uranium, over five thousand contaminated facilities, millions of cubic meters of contaminated soil, and billions of gallons of contaminated ground water. An estimated \$300 billion and 40 years will be required to clean up the nuclear weapons waste. The cost for cleaning up the commercial waste will be even higher. There is no place for permanently storing either, but there have been a series of planned and discarded resolutions, which include dumping it in the oceans to stacking it in a Nevada mountain called Yucca. These resolutions will be discussed and evaluated in class from a societal perspective.

THE MORALITY OF SPORT HUNTING

Dates: 2 Fridays, April 20, 27

Time: 10:00 a.m.-11:00 a.m.

Location: Business & Education Bldg. Room 116

Enrollment Limit: 96

Instructor: Dr. David Bruzina joined the USCA English department in 2009. He recently purchased a house in Aiken and is happily raising chickens, gardening, hunting, fishing, teaching, and writing. He presented a paper "Squirrel Hunting and the Limits of Philosophy" at the College English Association's 2017 conference; and he coedited with Dr. Douglas Higbee a book forthcoming from USC Press titled **Hunting and the Ivory Tower: Essays by Scholars Who Hunt**.

Description: In this course we will examine the practice of contemporary sport hunting through the lens of contemporary philosophy. We will look at renowned philosopher Peter Singer's powerful arguments for extending moral consideration to animals, and we will discuss how a number of hunter-writers like Jim Harrison, Ann S. Causey, and Michael Pollan have wrestled with the moral questions raised by their hunting. At the end of our session, we'll consider philosopher Susan Wolf's distinction between moral and meaningful activities and whether the distinction offers hunters an escape from Singer's arguments.

USCA NURSING SCHOOL STUDENTS PRESENT *PROMOTING QUALITY HEALTH FOR THE ELDERLY*

Date: April 30

Time: 2:00 p.m. - 4:50 p.m.

Location: Nursing Building (room to be announced later)

Enrollment limit: 20

Instructors: Carolyn Sue-Ling and USCA 3rd-year Nursing Students.

Carolyn Sue-Ling is a native of North Carolina who discovered her love for teaching nursing in 1988. She was a clinical instructor at USCA from 1989 until 1996, and holds a MSN as a nurse educator. In 2012, she returned to USCA as an instructor of Nursing, and currently teaches NURS 417 Gerontological Nursing, NURS 307 Health Assessment Lab, and NURS 419/421 as a clinical instructor.

Description: This course is an opportunity to sit in on students' presentations of health promotion projects to communicate health issues and quality health associated with aging. Each student group completes these projects as an assignment for the USCA Gerontological Nursing course. The teaching project's objective is to cover the most recent research on a topic selected by the each student group, but the presentations are prepared for the general public and for patients, not medical professionals. Each group presentation includes talks accompanied by PowerPoint-type slides, a pamphlet handout prepared by the presenters, engaging activities, and an opportunity for questions. This nursing course explores theories of human development and the achievement and maintenance of healthy lifestyles of elders. Topics covered in these presentations in past semesters have included: the respiratory system, gastrointestinal system, neurological system, and cardiac issues.

Since this Academy course involves "sitting in" on a regular USCA academic course session, it will be important to arrive on time. The academic course session lasts nearly 3 hours. However, there will be a brief break between presentations (these will provide an opportunity to leave for those unable to stay for all of the presentations).

TRIPS AND EVENTS

INTRODUCTION TO PRACTICAL BREWING SCIENCE

Date: Friday, February 23

Time: 10:00 a.m.-11:00 a. m.

Location: Aiken Brewing Company, 140 Laurens St., Aiken SC

Enrollment limit: 20 max

Instructor: **Randy Doucet** started homebrewing in 1991 and helped to found the CSRA Homebrew Club. He held several office positions in the club, including President, until the club ended in 1998. Randy assumed the position of Brewmaster at the Aiken Brewing Company in August of 1997 and manages a staff of 5 brewers. He received a silver medal at the Great American Beer Festival (GABF) for the Thoroughbred Red in 1991, a gold medal for the same beer in 1993 and received a silver medal for Randy's Grand Cru at the GABF in 1993.

Description: This class will be an introduction to brewing science including raw ingredients (i.e. malt, hops, water, and yeast) and the brewing process from grain to glass. The process will cover malting, mashing, wort production, fermentation, filtration, carbonation, and serving, with a focus on the brewpub side of the brewing business. The participants will sample a variety of malt products and hops and learn how each of the ingredients contributes to the final beer product. The participant will also experience a guided tour of the brewery including the brewing vessels (i.e., hot liqueur tank, brew kettle and mash tun), the cellar equipment (i.e., fermentors, filter, and transfer components), and the serving equipment (i.e., serving tanks, CO2 supply, long draw tap lines).

Note: Participants must be able to navigate 20 stairs to the second floor classroom.

FIELD DAY AT THE DAIRY GOAT FARM

Date: Monday, March 5

Time: 9:00 a.m. – 10:30 a.m.

Location: Samaria Farm, 714 Wrightsmill Road, Aiken, SC 29801

Instructor: **Sam Stevens** graduated from Aiken High School, and the “school of hard knocks”, and owns Palmetto Nursery and Florist on E. Pine Log Rd. in Aiken.

Description: Spend up to 1.5 hours visiting Samaria Farm, an organic, multi-product farm. Visit the new kids & nannies, pigs, cow, chicks & chickens. See the milking parlor and listen to Sam Stevens, farmer and owner of Palmetto Nursery and Floral, as he describes “life on the farm”. Organic meats, eggs, soap, etc. are available for purchase.

EARL F. KAUFFMAN RECOGNITION DAY LUNCHEON

Dates: Thursday, April 12

Time: 12:00 p.m.-1:30 p.m.

Location: Business & Education Bldg., Room 116

Description: **Dr. Earl Kauffman** arrived in Aiken at the age of 82 and initiated a planning committee to develop and implement a program for the community’s mature residents. In 1990, this committee created a mission statement for what was to become the Academy for Lifelong Learning at the University of South Carolina Aiken. The annual Earl F. Kauffman Recognition Day and Award is a luncheon hosted annually to celebrate the significant contribution made by Mr. Kauffman. It is made possible by an endowment fund established in 1990 by Dr. James Kauffman upon the death of his father, Earl.

Invitations (with required RSVP) will be mailed to Academy members in early March.

AUGUSTA CANAL BOAT TRIP & DISCOVERY CENTER

Date: Monday, April 23

Time: 11:30 a.m.

Location: Enterprise Mill, 1450 Greene Street, Suite 400, Augusta GA (SEE NOTE BELOW)

Enrollment limit: 35

Cost: \$10.00 due at registration

Description: Join the Lifelong Learning's charter boat tour up the Augusta Canal. Our guide will point out historic landmarks and wildlife as we cruise for an hour aboard an electric-powered replica of an old-time Petersburg canal boat. Dockside there are museum displays about Augusta's textile history and a small gift shop.

NOTE: This is an open-air boat, so dress for the weather and wear non-skid shoes. You must be able to navigate a few stairs. We will gather by 10:20 a.m. at the USCA Convocation Center, located on the Bypass. We will meet at the parking lot on the west side where the lighted display sign and the pedestrian bridge are located. We will leave the Convocation Center promptly at 10:30 a.m. and caravan to the Augusta Canal.

NOTES

ACADEMY FOR LIFELONG LEARNING REGISTRATION – SPRING 2018

Register Online at <https://campscui.active.com/orgs/UniversityofSouthCarolinaAiken1#/selectSessions/2263702>

or Submit the Registration Form Below

(Submit one registration form PER PERSON)

Last Name: _____ First Name: _____

Phone: _____ Email: _____

Address _____ City: _____ State: _____ Zip: _____

Register me for these SHORT COURSES

<input type="checkbox"/> CHEMISTRY, CLIMATE, COAL AND COWS	<input type="checkbox"/> FRIENDS AND FAMILY CPR COURSE (\$15)
<input type="checkbox"/> PALMETTO AND AIKEN GOLF CLUB COURSES	<input type="checkbox"/> IRISH-AMERICAN HISTORY AND POPULAR CULTURE
<input type="checkbox"/> LINE DANCING FOR BEGINNERS	<input type="checkbox"/> LINE DANCING ADVANCED CLASS
<input type="checkbox"/> STUDIES IN ALTERNATE HISTORY/SCI-FI: <i>LEST DARKNESS FALL AND PARALLEL HOURS</i>	<input type="checkbox"/> UNDERSTANDING THE PRINCIPLES OF COMIC BOOK ART
<input type="checkbox"/> TEAMING WITH NATURE: YARDS AND GARDENS WITHOUT CHEMICALS	<input type="checkbox"/> HOW A DOG CHANGED HISTORY-THE IMPACT OF THE VICTROLA ON AMERICAN LIFE
<input type="checkbox"/> SPAIN 1492	<input type="checkbox"/> LET'S TALK BASEBALL!
<input type="checkbox"/> EXPLORING BALLET STEREOTYPES	<input type="checkbox"/> CHICKENS, PIGS AND DOGS
<input type="checkbox"/> LIVE FROM THE MET	<input type="checkbox"/> NUTRITION AND EXERCISE MAXIMIZE WELLNESS ACROSS ALL LEVELS OF HEALTH AND FITNESS
<input type="checkbox"/> THE MEDIEVAL WORLD	<input type="checkbox"/> LISTENING TO SONIC ART SINCE 1945 [Course Withdrawn]
<input type="checkbox"/> CHINA'S ONE CHILD POLICY	<input type="checkbox"/> EXPLORING SOUTH CAROLINA ALONG THE BACK ROADS
<input type="checkbox"/> PRUNING WOODY PLANTS	<input type="checkbox"/> GREAT DECISIONS (\$30)
<input type="checkbox"/> CHINESE HOLIDAYS AND FOOD CUSTOMS	<input type="checkbox"/> BROKENNESS-LITERARY CHARACTERS AND OBJECTS
<input type="checkbox"/> A WOMAN'S <u>WORD</u> IS NEVER DONE!	<input type="checkbox"/> NUCLEAR WASTE RESOLUTIONS
<input type="checkbox"/> ISLAM EXPOSED: FACTS AND MYTHS	<input type="checkbox"/> THE MORALITY OF SPORT HUNTING
<input type="checkbox"/> BEGINNING DRAWING [Course Withdrawn]	<input type="checkbox"/> USCA NURSING SCHOOL STUDENTS PRESENT <i>PROMOTING QUALITY HEALTH FOR THE ELDERLY</i>
<input type="checkbox"/> DIABETES/PRE-DIABETES PREVENTION AND MANAGEMENT	

Register me for these TRIPS & SPECIAL EVENTS

<input type="checkbox"/> AUGUSTA CANAL BOAT TRIP & DISCOVERY CENTER (\$10)	<input type="checkbox"/> INTRODUCTION TO PRACTICAL BREWING SCIENCE
<input type="checkbox"/> FIELD DAY AT THE DAIRY GOAT FARM	<input type="checkbox"/> EARL F. KAUFFMAN RECOGNITION DAY LUNCHEON

MEMBERSHIP FEE: \$70 per semester OTHER FEES: \$ _____ TOTAL ENCLOSED \$ _____

PAYMENT METHOD:

- Check enclosed, payable to "USCA" Check # _____
- Credit Card Type _____ Card # _____ Exp. Date _____

Register online or submit this form:

Mail form with payment to **USCA, Continuing Education Dept., 471 University Parkway, Box 20, Aiken, SC 29801.**

- OR -

Submit in person to: **Abby Grizzle, USCA, Business & Education Bldg., Rm. 109 (803-641-3563) (abbyg@usca.edu)**

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**ACADEMY FOR LIFELONG LEARNING
USCA STUDENT PARKING DECAL FORM**

NAME: _____ **EMAIL:** _____

VEHICLE YEAR: _____ **COLOR:** _____

MAKE: _____ **MODEL:** _____

TAG#: _____ **STATE:** _____

CELL PHONE: _____

**Call the Continuing Education Office (Business & Education Building,
803.641.3563) to arrange a time to pick up your parking decal
OR
Bring to OPEN REGISTRATION December 18 & 19, 9 AM to 2 PM,
Business & Education Room 130)**

**BRING THIS FORM, YOUR DRIVERS LICENSE AND VEHICLE REGISTRATION
WHEN YOU COME IN FOR YOUR PARKING DECAL.**

----- **FOR UNIVERSITY POLICE USE ONLY** -----

DECAL # _____

DATE ISSUED: ____/____/____

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The Academy for Lifelong Learning

WHO WE ARE

We are an organization of people from a variety of backgrounds. We share a common interest in continuing learning experiences and intellectual stimulation. There are no tests or grades. Members participate purely for the joy of sharing. We are sponsored by the University of South Carolina Aiken and are self-supporting. Our courses and activities are planned and implemented by our members. We design our own curriculum and arrange for instructors from USC Aiken faculty (current and retired), from our own membership, and from the community at large.

MISSION STATEMENT

The mission of the Academy for Lifelong Learning is to provide both structured and informal continuing education opportunities for mature individuals in the CSRA in conjunction with the University of South Carolina Aiken. These opportunities shall include classroom instruction as well as discussions with the faculty, field trips, and social events.

MEMBERSHIP FEES

Membership for a semester is \$70 per person. The Membership fee entitles one to take as many of the classes offered, on a space-available basis. The fee does not include books or materials (if required) for the classes or the cost of Special Events. It does include use of the Campus Library including book borrowing privileges and Internet access, student rates for selected University productions, sports events, campus cafeteria, and lectures (excluding Cultural Series), free parking on campus, and a discount for grandchildren attending youth summer activities sponsored by the Office of External Programs and Continuing Education. **As space for some classes is limited, please be considerate of other Academy members and only sign up for the classes you intend to attend.**

MEMBERSHIP REGISTRATION

Both online and paper registration opens on MONDAY, DECEMBER 18 AT 9:00 a.m. Open registration will be held Monday, December 18 and Tuesday, December 19 in Business and Education Room 130. To register online, the "Lifelong Learning Registration" link is located on the USCA Continuing Education site at www.usca.edu/epcec under the "Continuing Education" drop-down menu near the top of the page. No early registrations will be accepted.

PARKING

Parking stickers for all student's cars must be obtained from the campus police. You will need to fill out the form on the previous page and present your driver's license and car registration. Be sure to park in spaces with **white lines** – these are designated for students and visitors. Spaces with yellow lines are for USCA staff ONLY.

ATTENDING CLASSES AND ACTIVITIES

You must be pre-registered to attend each class and activity. During a semester, members who wish to attend a class or activity for which they are not registered must first contact the Office of Continuing Education to see if space is available.

IN CASE OF BAD WEATHER

If USCA cancels undergraduate classes due to inclement weather, any Academy classes scheduled to meet during that time will also be cancelled. School closings are listed on the local television stations.

REFUND POLICY

Special events fill quickly and cannot be refunded. If you are unable to attend you are asked to find a replacement. You may call the Office of Continuing Education and ask if the event has a wait list.

WHERE CLASSES ARE HELD

REMINDER: Due to USCA's classroom scheduling system, some courses may be MOVED after your registration form is completed. **It is YOUR responsibility to check your email inbox regularly, especially just prior to the first session of each course, for notices of any room changes. Room changes will also be posted on the website: www.aikenlearning.org.** If a class has been filled you will be placed on a "wait list." This will be indicated on the bottom of your confirmation. You will be emailed if room becomes available -- please do not attend otherwise.